

Variable	Mean	SD	Min	Max
Age	31.2	4.5	18	45
Gender	Male	0.75	0	1
Marital Status	Married	0.65	0	1
Education	High School	0.15	0	1
Occupation	Unemployed	0.45	0	1
Income	Low	0.35	0	1
Health	Good	0.85	0	1
Stress	Low	0.25	0	1
Depression	Low	0.15	0	1
Loneliness	Low	0.25	0	1
Life Satisfaction	High	0.75	0	1
Resilience	High	0.65	0	1
Optimism	High	0.75	0	1
Self-Esteem	High	0.75	0	1
Gratitude	High	0.75	0	1
Forgiveness	High	0.75	0	1
Empathy	High	0.75	0	1
Compassion	High	0.75	0	1
Kindness	High	0.75	0	1
Generosity	High	0.75	0	1
Patience	High	0.75	0	1
Humility	High	0.75	0	1
Modesty	High	0.75	0	1
Shyness	Low	0.25	0	1
Introversion	Low	0.25	0	1
Extroversion	High	0.75	0	1
Sociability	High	0.75	0	1
Friendliness	High	0.75	0	1
Warmth	High	0.75	0	1
Openness	High	0.75	0	1
Conscientiousness	High	0.75	0	1
Emotional Stability	High	0.75	0	1
Neuroticism	Low	0.25	0	1
Anxiety	Low	0.25	0	1
Worry	Low	0.25	0	1
Stress	Low	0.25	0	1
Depression	Low	0.15	0	1
Loneliness	Low	0.25	0	1
Life Satisfaction	High	0.75	0	1
Resilience	High	0.65	0	1
Optimism	High	0.75	0	1
Self-Esteem	High	0.75	0	1
Gratitude	High	0.75	0	1
Forgiveness	High	0.75	0	1
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Conscientiousness	High	0.75	0	1

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